

Making an Appointment

- Hello. This is Richard Brown. I'd like to **make an appointment** [*umówić się na wizytę*] to see Dr. Habi.
- Certainly. What seems to be the problem?
- I'd like to have my **annual check-up** [*coroczne badanie kontrolne*]. / I have a pain in my chest.
- OK. When are you **available** [*dostępny, wolny*] to see Dr. Habi?
- Any day next week.
- How about next Thursday at 10 o'clock?
- That sounds fine. Thank you.
- We'll see you next Thursday Mr. Brown. Goodbye.

Seeing the Doctor

- Hello, what's the matter?
- Good morning. I have a terrible **ache** in my chest.
- How long have you had it?
- For about two weeks.
- Are you taking any medicine at the moment?
- No, just an aspirin from time to time to kill the pain.
- OK. Let's have a look at your chest. Please, **take off** your shirt **Hold your breath** [*wstrzymaj oddech*]... **Let it out** [*wypuść*].... Cough, please...
- Is there anything in my lungs?
- No, your lungs are clear. **Put on** your shirt. Now **I'll take your blood pressure**. [*zmierzę ciśnienie*]
- Shall I **roll up** [*podwinąć*] the sleeve?
- Yes. And **keep quiet**, please. ... Thanks, you can **roll down the sleeve**.
- What about my pressure?
- It's too high. Do you drink much coffee?
- I do, and I smoke.
- You must give up smoking and **reduce** [*ograniczyć*] **the amount of** [*ilość*] coffee, **otherwise** [*w przeciwnym razie*] you will **get a stroke**. [*dostać udaru*]
- What else shall I do?
- You should walk a lot and **abstain from** [*powstrzymać się od*] fatty food and alcohol.
- Shall I have a special diet?
- I recommend fish, fruit and vegetables **instead of** [*zamiast*] meat.
- Any medicines?
- Yes, I will **prescribe** [*przepisać*] you some pills that **lower the pressure** [*obniżają ciśnienie*]. That's the **prescription** [*recepta*].
- Thanks. How often should I take the tablets?
- Twice a day, before meals.
- Thanks. Oh, BTW, can I get some **ointment** [*maść*]? My skin **itches**. [*swędzi*]
- Let me have a look. Are you **allergic to** [*uczulony na*] anything?
- I have no idea.
- You should have a test for allergy. Come tomorrow before seven a.m. **on an empty stomach** [*na czczo*]. We'll try to **find out** [*dowiedzieć się*] what **bothers** [*dolega*] you.
- Thank you, doctor.
- Not at all. Just **carry out** [*wypełniaj*] **the doctor's orders** [*zalecenia lekarza*].
- I promise I will. Bye.
- Bye.

I have a terrible stomachache.

- Doctor: — Good morning. Please have a seat here. What's the problem?
Paul Ryefield: — I have a terrible stomachache.
Doctor: — Do you have diarrhea?
Paul Ryefield: — Yes, I do.
Doctor: — Do you have any other symptoms?
Paul Ryefield: — Yes, I feel sick.
Doctor: — You mean you feel nauseous?
Paul Ryefield: — That's right. I feel like vomiting. And right now I feel dizzy, too.
Doctor: — When did the symptoms start?
Paul Ryefield: — This morning. Yesterday evening I ate something raw.
Doctor: — All right. Please take off your clothes to the waist and lie down there. ... Just tell me if it hurts when I do this.
Paul Ryefield: — It doesn't hurt. ... Ouch. It hurts there.
Doctor: — Okay. Let's hope it's just indigestion, but we'll need to run some diagnostic tests to be sure. We'll run a blood test and we'll also need a urine sample.
Paul Ryefield: — Can you give me something to relieve the pain for the time being?
Doctor: — Yes, I'll give you a prescription for indigestion tablets.

nauseous ['nɔ:ɪʃəs] urine /'jʊəri:n/ indigestion /'ɪndɪ'dʒestʃn/ diagnostic /'daɪəg'nɒstɪk/

How are you feeling today?

What seems to be the problem?

What's bothering you?

What's the matter?

I have a bad sore throat. It hurts when I swallow.

I have a terrible cough. I have a bad cold.

I have a migraine headache. I feel nauseated.

I have a stomach-ache. I am vomiting.

I have a rash on my arm. It's very itchy.

I have a slight fever. I have the chills.

When did it start?

How long have you had it?

How long has it been bothering you?

Three days ago.

It started last week.

Since Monday.

About three days.

Do you have any other symptoms?

Does anything else hurt?

Is anything else bothering you?

I'll have a look at your throat.

Let me look at your arm.

I'll examine your ears.

I'm going to give you a prescription for an antibiotic.

I'll write you a prescription for some cough syrup.

Here's a prescription for a pain killer.

Here's a prescription for an ointment.

Take a pill three times a day for seven days.

Take the cough syrup before bedtime every night for a week.

Use these drops twice a day for ten days.

Apply the cream to your rash twice a day until it disappears.

You'll probably start to feel better * in a couple of days.

by the end of the week. / in three or four days.

It will probably clear up in a few days.